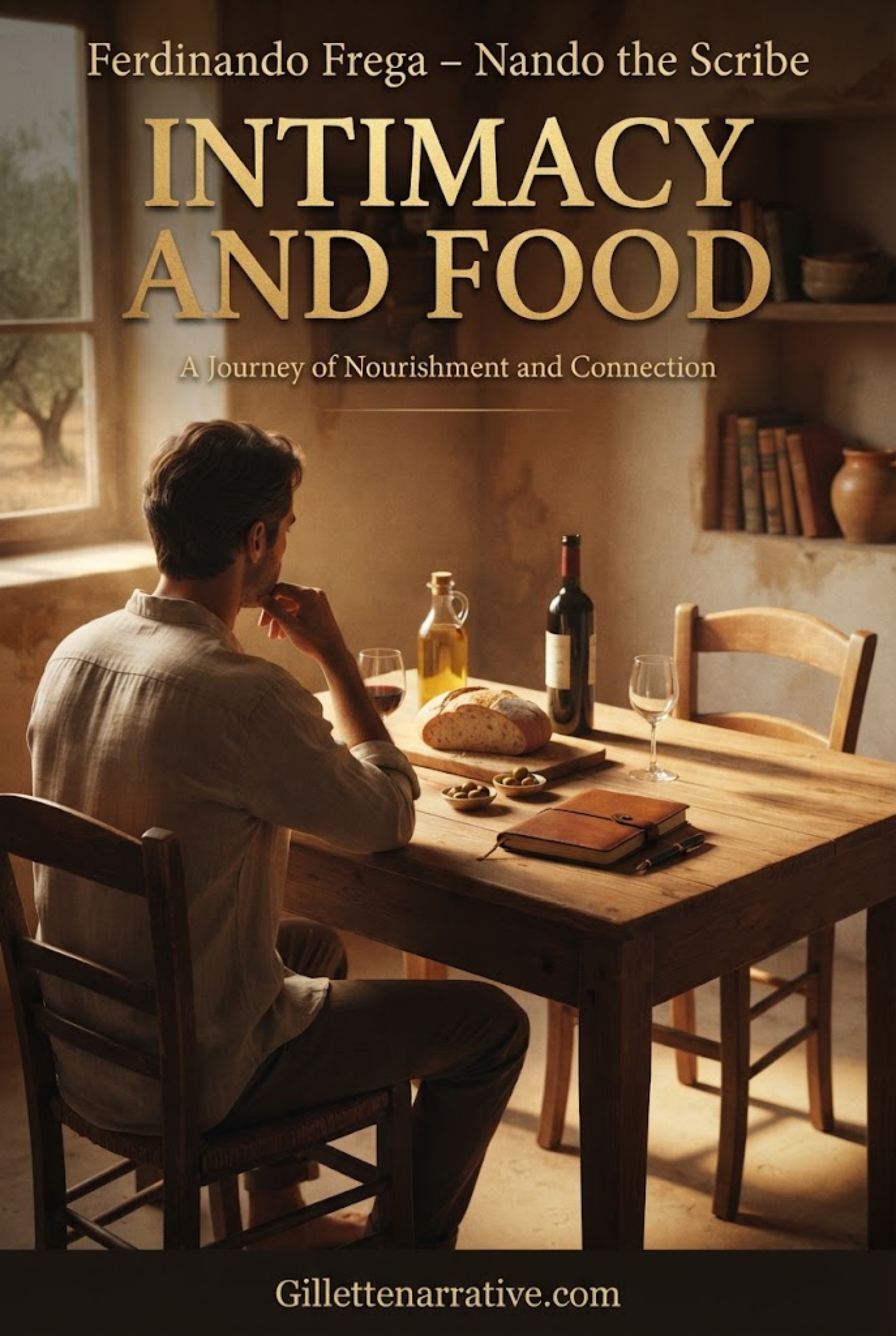
Ferdinando Frega – Nando the Scribe

INTIMACY AND FOOD

A Journey of Nourishment and Connection



Gillettenarrative.com

KIFINAMI, MADIA YE GILLETTE

GILLETTE AUDIO — NANDO THE SCRIBE — GILLETTENARRATIVE.COM

Kuna mambu mole, mu lusansu lwawonso lwa nza, mabanzanga ntangu zawonso ndilu ya ntoko ya bakala: kina kadianga, ye kwa nani kakabananga nitu andi.

Mawonso mole i mfunu. Mawonso mole i nkinzi. Mawonso mole, vava malutidi ndilu kana vava mavengwa kikilu, mamonisanga diambu mu kuma kia kimuntu kina mvovo kaka ka milendi monisa nkutu ko.

Ka yakwikila nkutu ko vo ngolo za luzolo zimonikanga mu kina bakala kadianga — kansi mu kina kasolanga kondwa, ye ekuma. Kuma kina mfunu kuluta nsiku yo kibeni.

Kwa mono, mvutu yavutukanga ntangu zawonso ku kisika kimosi: Gillette. Mama ame, mu konso ntendula mvovo wau ulenda nata. Kina yabika, mu mvu miavioka, ka yakibika nkutu ko mu kuzitiswa. Yakibika kadi kima kiankaka kiakala mfunu kuluta mu ntangu yina — kisalu, nsoneka, site, disolo diafwete samunwa.

Nitu ilandanga ngindu. Ntangu zawonso. Kansi ngindu mpe zina ye mfunu wa muntu ulenda zikeba — ye yalonguka, malembe-malembe, vo sala mawonso ngeye mosi ka i ntangu zawonso bonso kuwasala mbote ko.

Diau lumbu kiaki ka nsonekanga diaka ayingi ko mu kuma kia kubika, kansi mu kuma kia nzila. Kina mfunu ka i bwe bakala ubikanga ko, kansi kuna kakwendanga vava kabikanga.

Nando